

CHAKRAS

<u>NAME</u>	<u>QUALITY</u>	<u>SIGN</u>	<u>PLANET</u>	<u>NOTE</u>	<u>COLOR</u>	<u>GEMSTONE</u>
1. Root	Creativity	Scorpio	Pluto	*B	Red or Red-Orange	Garnet Jasper Bloodstone
2. Intestinal	Elimination	Sagittarius	Jupiter	C	Light Orange	Tourmaline (Blue, Green, or Watermelon)
3. Solar Plexus	Balance	Capricorn	Saturn	D	Green	Emerald, Diamond, Turquoise
4. Spleen	Blending	Aquarius	Uranus	E	Red-Purple	Emerald
5. Liver	Harmony	Libra	Vulcan	F	Red-Violet	Ruby, Amethyst, Diamond or Light Green Jade
6. Pancreatic	Order	Virgo	Earth	G	Light Green	Mint Green Peridot
7. Heart	Love	Leo	Sun	A	Ruby or Gold	Diamond or Purple Amethyst
8. Thoracic	Applied Power	Cancer	Moon	B	Rose Pink	Garnet or Moonstone
9. Throat	Truth	Gemini	Mercury	C	Blue	Blue Sapphire
10. Sinus/ Mouth	Power of Speaking the Truth	Taurus	Venus	D	Blue-Green	Aquamarine
11. Brow	Vision	Aries	Mars	E	Silver	Deep Purple Amethyst, Diamond
12. Crown	Connection	Pisces	Neptune	F	Violet	Rose Amethyst, Violet Amethyst or Diamond
13. Higher Self	Knowing	All	All	G	White	Diamond

*Below Middle C